

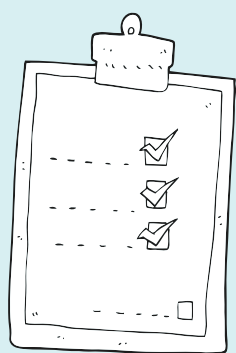
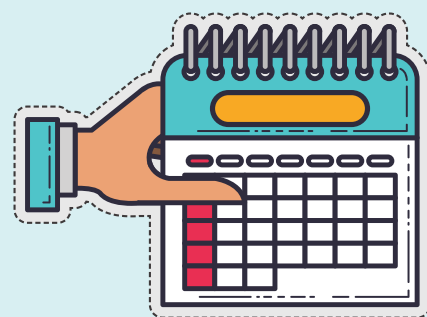
HOW TO HAVE A SUCCESSFUL SAMPLING TRIP

The right preparation saves a world of headaches! Trust us!



DESIGN & PLAN YOUR PROGRAM

Refer to your monitoring program to see what to sample and when. Don't forget to think about what needs to happen post-collection. Bring ice for your eskies (or frozen peas if air freighting!) and consider holding times carefully. Pro Tip: Pre-labelling your bottles saves valuable times at each sample point!

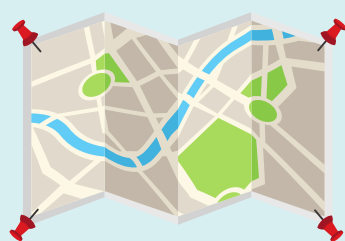


PREPARE & PACK AHEAD

Calibrating equipment, checking the weather, planning what to take: All ways to save field time. Don't get out there and realise you've left your gloves, your bottles or your eskies behind! Visit our website for a helpful guide on what to pack!

LOOK THE PART FOR THE DAY

Consider safety and comfort when choosing what to wear. Make sure you have appropriate clothing for hot or wet weather and that you bring your high visibility gear is packed!

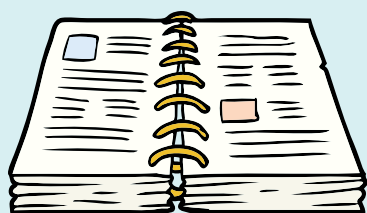


CHECK WEATHER & ROUTE

Plan ahead for weather conditions and for how you will access the site. Consider how traffic might impact your route and make sure your team knows where you're going!

PUT SAFETY FIRST

Do your JSAs/SWMS, bring your OHS gear (such as insect repellent, PPE, sunscreen, appropriate footgear, hat, gloves) and don't forget your drinking water!



THINK BACK-UP!

Bringing spare bottles and having copies of forms/best practice SOPs/calibration manuals with you saves wasted time/confusion in the field. And when sampling off-shore, a back-up team member is a key safety feature.

For more practical tips and tools, visit www.simmondsbristow.com.au !